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**ATHLETIC  
ORTHOPEDICS &  
KNEE CENTER**

FOOT • ANKLE • HAND • PAIN • SHOULDER • SPINE

# PHYSICAL THERAPY - PATIENT HISTORY

Name: \_\_\_\_\_ Date: \_\_\_\_\_

What body part is injured: \_\_\_\_\_ RIGHT / LEFT?

Have you had Physical Therapy in this injury before? YES / NO

If yes, with whom and for how long? \_\_\_\_\_

How did this injury occur? \_\_\_\_\_

When did this injury occur? \_\_\_\_\_

On a scale of 0 - 10, with 0 = no pain and 10 = hospitalization, please circle the number that describes your pain level:

0      1      2      3      4      5      6      7      8      9      10  
None -----Hospital

Describe your pain (check all that apply)

Aching \_\_\_      Stabbing \_\_\_      Constant \_\_\_      Dull \_\_\_  
Throbbing \_\_\_      Radiating \_\_\_      Sharp \_\_\_      Only when sitting \_\_\_  
Burning \_\_\_      Localized \_\_\_      Intermittent \_\_\_      Standing \_\_\_

What makes your symptoms worse? \_\_\_\_\_

What makes your symptoms better? \_\_\_\_\_

Please list any medications you are currently taking: \_\_\_\_\_

Please list any other surgeries or hospitalizations you have had in the past: \_\_\_\_\_

Do you have history of any of the following: (Check all that apply)

Heart Disease \_\_\_      Diabetes \_\_\_      Liver Disease \_\_\_      Lung Disease \_\_\_  
Anemia \_\_\_      Stroke \_\_\_      High Blood Pressure \_\_\_      Cancer \_\_\_

Do you have a pacemaker? YES / NO

Are you or could you be pregnant: YES NO N/A

Do you have decreased sensation on or around any of the areas being treated? YES / NO

Do you have any metal screws /metal parts on or around the areas being treated? YES / NO

Do you have any unhealed fractures on or around the areas being treated? YES / NO

Do you have any latex allergies on or around the areas being treated? YES / NO